



## Title III-C Data Elements and Definitions

This document provides the essential programmatic data elements required for Title III-C reporting in the State Performance Report.

### Title III-C Services – Cluster 1

**Cluster 1 services** are services provided for older adults under the Older Americans Act (OAA) Title III for which activities of daily living (ADL) limitations and instrumental activities of daily living (IADL) limitations characteristics are reported in addition to the other consumer demographics and characteristics. Cluster 1 services include home-delivered meals, personal care, homemaker and chore services, adult day care/health, and case management.

Service	Unit	Definition
<b>Home Delivered Nutrition</b>	Meals	A meal provided to a qualified individual in his/her place of residence. The meal is served in a program that is administered by State Units on Aging (SUAs) and/or Area Agencies on Aging (AAAs) and meets all the requirements of the OAA and state/local laws. Meals provided to individuals from non-OAA sources through means-tested programs may be included. (Source: OAA §336)

### Title III-C Services – Cluster 2

**Cluster 2 services** are services provided for older adults under OAA Title III for which ADL limitations and IADL limitations characteristics are not reported. Cluster 2 services include congregate nutrition, nutrition counseling, and assisted transportation.

Service	Unit	Definition
<b>Congregate Nutrition</b>	Meals	A meal provided by a qualified nutrition project provider to a qualified individual in a congregate or group setting. The meal is served in a program that

Service	Unit	Definition
		is administered by SUAs and/or AAAs and meets all the requirements of the OAA and state/local laws. Meals provided from non-OAA sources to individuals through means-tested programs may be included. (Source: OAA §331)
<b>Nutrition Counseling</b>	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours)	A standardized service as defined by the Academy of Nutrition and Dietetics (AND) that provides individualized guidance to individuals who are at nutritional risk because of their health or nutrition history, dietary intake, chronic illness, or medication use, or to caregivers. Counseling is provided one-on-one by a registered dietitian and addresses the options and methods for improving nutrition status with a measurable goal.

### Title III-C Services – Cluster 3 Non-Registered Services

A **Cluster 3 non-registered service** is a service provided using OAA funds in whole or in part for which demographic and consumer characteristics are not reported to ACL/AoA. The services for older adult consumers under Title III-C include nutrition education services.

Service	Unit	Definition
<b>Nutrition Education</b>	Sessions (which may be delivered in-person or via video, audio, online or the distribution of hardcopy materials)	An intervention targeting OAA participants and caregivers that uses information dissemination, instruction, or training with the intent to support food, nutrition, and physical activity choices and behaviors (related to nutritional status) in order to maintain or improve health and address nutrition-related conditions. Content is consistent with the Dietary Guidelines for Americans; is accurate, culturally sensitive, regionally appropriate, and considers personal preferences; and is overseen by a registered dietitian or individual of comparable expertise as defined in the OAA. (Source: National Nutrition Monitoring and Related Research Act of 1990)

## Consumer Demographics

- Report consumer demographic information for each Cluster 1 and Cluster 2 service.
- Consumer demographic information is reported in the aggregate for Persons Receiving Registered Services (Clusters 1 & 2).
- For Clusters 1 & 2, each demographic element is intersected by At or Below Poverty.
  - For Cluster 1 only, each demographic element is intersected by At or Below Poverty, ADL 3+, and IADL 3+.

Data Element	Terms	Definition
<b>Age</b>	<ul style="list-style-type: none"> <li>• Below 60</li> <li>• 60–64</li> <li>• 65–74</li> <li>• 75–84</li> <li>• 85 and above</li> <li>• Age missing</li> </ul>	A person’s age as of the last day of the federal fiscal year reported.
<b>ADL Limitations</b>	<ul style="list-style-type: none"> <li>• 0-1</li> <li>• 2</li> <li>• 3+</li> <li>• ADL limitations missing</li> </ul>	<p>ADL activities: bathing, dressing, toileting, transferring, continence, and feeding. Permissible values are 0-6.</p> <p>A limitation is defined as unable to perform the activity without substantial assistance (including verbal reminding, physical cuing, or supervision). (Source: NAMRS /OAA )</p>
<b>Ethnicity</b>	<ul style="list-style-type: none"> <li>• Hispanic or Latino</li> <li>• Not Hispanic or Latino</li> <li>• Ethnicity missing</li> </ul>	Self-identification of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin. (Source: OMB) Or, not of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.
<b>Gender</b>	<ul style="list-style-type: none"> <li>• Female</li> <li>• Male</li> <li>• Other</li> <li>• Gender missing</li> </ul>	One’s inner sense of one’s own gender.

Data Element	Terms	Definition
<b>Geographic Distribution</b>	<ul style="list-style-type: none"> <li>• Rural</li> <li>• Non-rural</li> <li>• Geographic distribution missing</li> </ul>	<p>Type of developed environment in which the consumer lives as defined by the rural-urban commuting area (RUCA) codes defined at the zip code level. (Source: USDA/HRSA)</p>
<b>Household Status</b>	<ul style="list-style-type: none"> <li>• Lives alone</li> <li>• Lives with others</li> <li>• Lives in long-term care (LTC) facility</li> <li>• Household status missing</li> </ul>	<p>A household includes all the people who occupy a housing unit (such as a house or apartment) as their usual place of residence.</p> <p>A household includes the related family members and all the unrelated people, if any, such as lodgers, foster children, wards, or employees who share the housing unit. A person living alone in a housing unit, or a group of unrelated people sharing a housing unit such as partners or roomers, is also counted as a household. (Source: U.S. Census Bureau)</p>
<b>IADL Limitations</b>	<ul style="list-style-type: none"> <li>• 0-1</li> <li>• 2</li> <li>• 3+</li> <li>• IADL limitations missing</li> </ul>	<p>IADL activities: include ability to use telephone, shopping, food preparation, housekeeping, laundry, mode of transportation, medication management, and ability to manage finances. Permissible values are 0-8.</p> <p>A limitation is defined as unable to perform the activity without substantial assistance (including verbal reminding, physical cuing, or supervision). (Source: OAA)</p>
<b>Minority Status</b>	<ul style="list-style-type: none"> <li>• Minority</li> <li>• Not minority</li> <li>• Minority status missing</li> </ul>	<p>Racial and ethnic minority populations are defined as: Asian American, Black or African American, Hispanic or Latino, Native Hawaiian and Pacific Islander, American Indian and Alaska Native.</p>

Data Element	Terms	Definition
<b>Nutrition Risk Score</b>	<ul style="list-style-type: none"> <li>• 0–5</li> <li>• 6+</li> <li>• Nutrition Risk Score missing</li> </ul>	Indicates the person’s total score on the DETERMINE your Nutritional Risk checklist published by the Nutrition Screening Initiative.
<b>Person Served</b>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>	An individual who receives a service funded in whole or in part with OAA funds. For non-registered services (nutrition education and information and assistance) for which an “estimated audience size” is to be reported, an unduplicated count of participants may not be feasible and therefore audience size is acceptable. This figure is anticipated to be a duplicated count.
<b>Poverty</b>	<ul style="list-style-type: none"> <li>• At or below poverty</li> <li>• Above poverty</li> <li>• Poverty status missing</li> </ul>	An individual’s household income as it relates to the U.S. Department of Health and Human Services (HHS) poverty guidelines as published each year in the Federal Register. (Source: HHS)
<b>Race</b>	<ul style="list-style-type: none"> <li>• American Indian or Alaska Native</li> <li>• Asian or Asian American</li> <li>• Black or African American</li> <li>• Native Hawaiian or Pacific Islander</li> <li>• White</li> <li>• Persons reporting some other race</li> <li>• Persons reporting 2 or more races (unduplicated count)</li> <li>• Race missing</li> </ul>	Self-identification with a national origin or socio-cultural group. (Source: U.S. Census Bureau/OMB)

## Need Assistance?

- ✓ Visit the Nutrition & Aging Resource Center's Older Americans Act Grantee Reporting [webpage](#)
- ✓ Log into the [ACL OAAPS](#) website

