

Background and Purpose

A. Goal:

The goal of the grant is to improve the health and wellbeing of homebound seniors who are receiving home-delivered meals (from a Senior Nutrition Program (SNP)) by providing personal health nursing and to simultaneously reduce and/or contain their per member/per month (pm/pm) Medicare costs.

B. Objectives:

- 1) Strengthen the coordination of care and services for vulnerable seniors who are aging in place.
- 2) Address medical and quality of life issues to prevent crises and improve health.
- 3) Assess impact on costs, to petition policymakers to redirect resources to assist more seniors.

C. Overview of Project:

Education, Health, and Research International (EHRI) led an Administration for Community Living Nutrition Innovations Grant award to create an effective system of finding and serving the target area's most vulnerable seniors aging in place. The project relied upon the Title III Senior Nutrition Program (SNP) organization's strong, established relationships with homebound individuals to identify seniors most likely to benefit from personalized, no-cost, nursing services. WeCare Personal Health Nurses establish one on one client relationships that are marked by routine communication, practical problem-solving, liaison to medical services and benefits, and linkage to available community resources.

D. Project Results:

- Served 229 diverse seniors and conducted over 10,464 phone calls to address social determinants of health, coordinate medical care, arrange needed services, link to resources and benefits, and more.
- Reduced or maintained ADL/IADL scores.
- Rendered Medicare cost savings.

