Housing and Services
Resource Center

Innovators Share Strategies to Advance Inclusive and Integrated Housing and Supports for People with I/DD

September 22, 2023
Webinar

Welcome

Housing and Services
Resource Center

Webinar is hosted by the
Housing and Services Resource Center (HSRC)

Facilitator

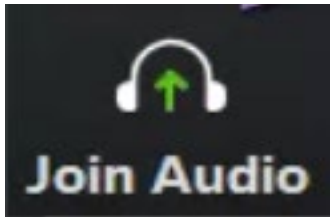
Ryan Elza, Interagency Housing Innovation & Strategy Lead
Administration for Community Living (ACL)

Instructions for Zoom

This event is being recorded.

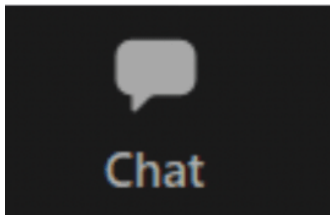
Audio Options

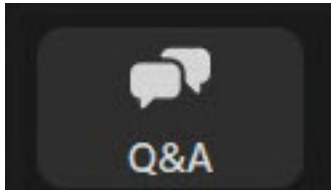
- Use your computer speakers, **OR** dial in using the phone number in your registration email.
- All participants are muted.



Questions and Comments

- Please actively use chat throughout the meeting, especially for your comments.
- To ask a presenter a question, please use the Q&A function.





Or, send your question or comment via email to HSRC@ACL.HHS.GOV

Accessibility

Maximizing view of ASL interpreters

- Enlarge view of ASL interpreter by “pinning” them:
  Click on their video window and select the Pin icon.

Screen Reader Users: Reduce unwanted chatter

- Request speech on demand:
  Insert, Spacebar, “S”

Agenda

- Welcome and Housekeeping
- Opening Remarks
- Introduce the Speakers
- Speaker Presentations
- Panel Conversation
- Q&A
- Closing

Housing and Services
Resource Center

acl.gov/HousingAndServices #HousingResources

Opening Remarks

Today’s Speakers

Smart Home

DISCOVERY PLACE

Jordan Wagner
Project Manager, Technology Projects
Jordan.Wagner@osumc.edu
Go.osu.edu/nisongertech

THE OHIO STATE UNIVERSITY
NISONGER CENTER

“Technology makes things possible”

“*For people without disabilities, technology makes things easier. For people with disabilities, technology makes things possible*”

IBM, 1991; p. 2

International Business Machines (1991). *Technology and persons with disabilities*. Atlanta, GA: IBM Support Programs.

Smart Home

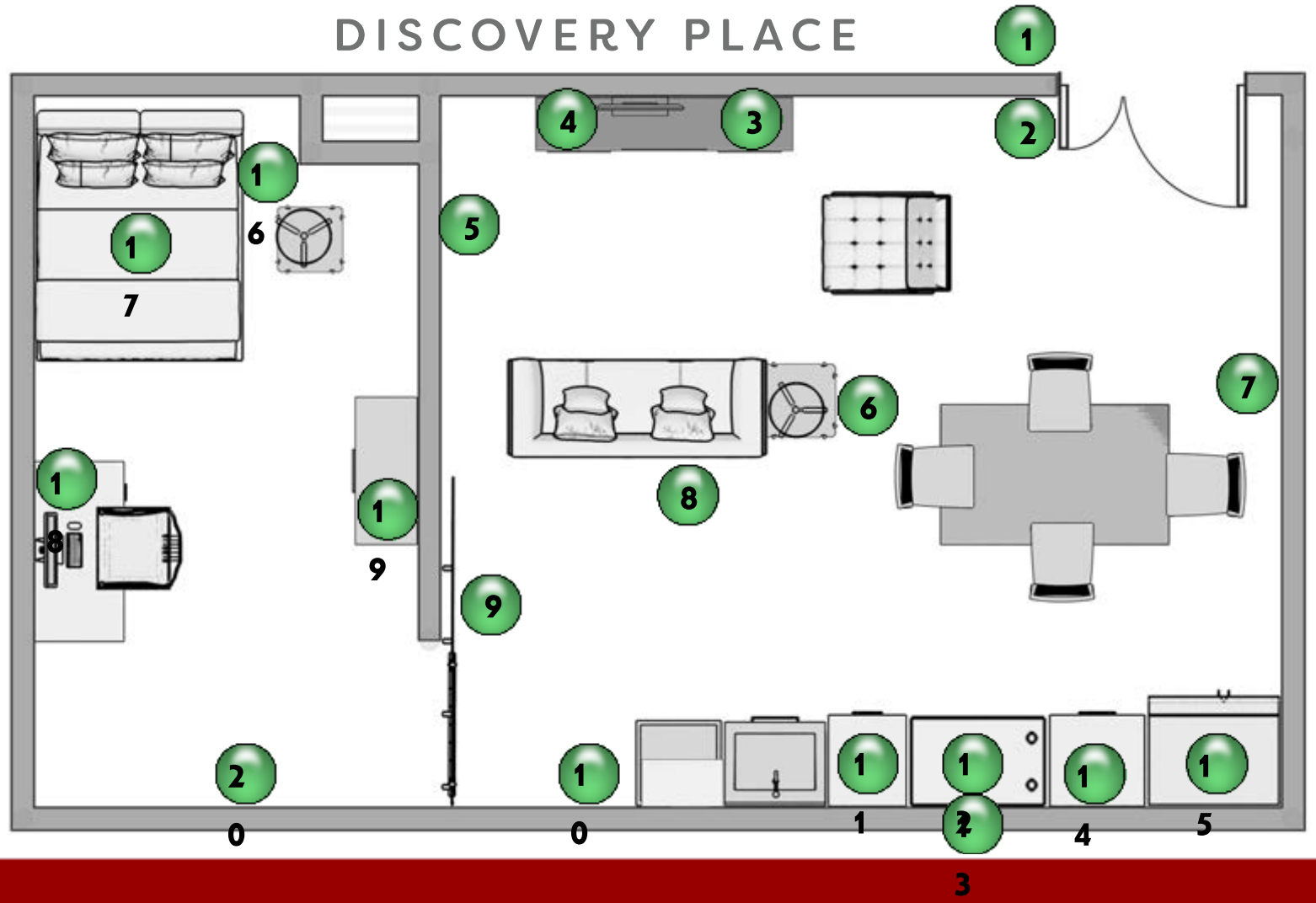
DISCOVERY PLACE

SAFETY AND SECURITY

INDEPENDENT LIVING

HEALTH TECHNOLOGY

REMOTE SUPPORT



Smart Home

DISCOVERY PLACE

SAFETY AND SECURITY

INDEPENDENT LIVING

HEALTH TECHNOLOGY

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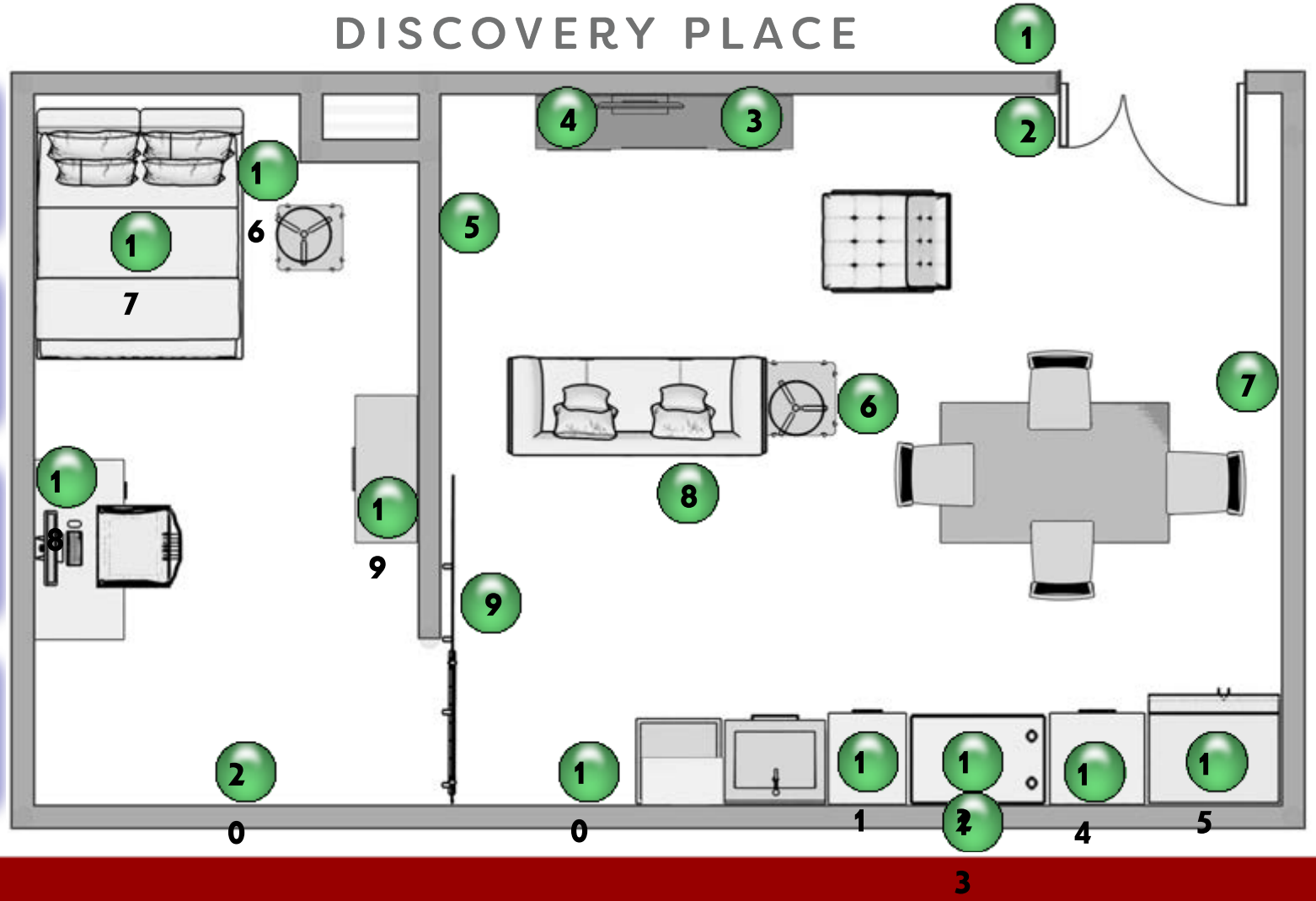
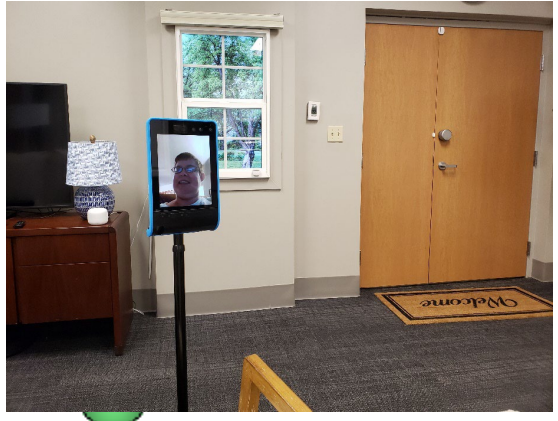


Smart Home
DISCOVERY PLACE



SAFE
SEC

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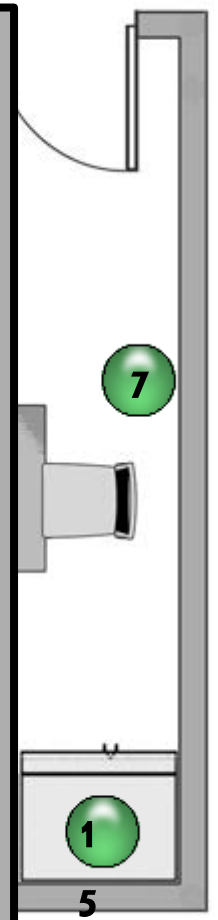
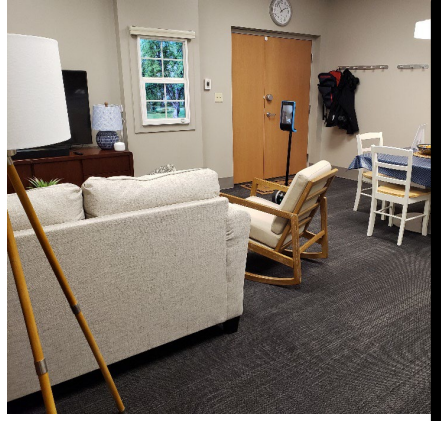
TECH

REMOT

Tours

- Customized for the tour participant
  - Survey helps identify needs and challenges
  - **GO.OSU.EDU/SHDP**
  - Structure 30-minute tours around relevant technologies
  - Identify next steps





How would you describe your ability to independently perform the following tasks?

	Almost always need help	I need help sometimes	I always do this without help	Not Applicable (NA)
Accessing the community	☐	☐	☐	☐
Answering questions during visits with the doctor/healthcare provider	☐	☐	☐	☐
Communicating with friends, family, others	☐	☐	☐	☐
cooking	☐	☐	☐	☐
health related tools (for example: Thermometer; Blood sugar screening device; blood pressure cuff)	☐	☐	☐	☐
House cleaning	☐	☐	☐	☐
Medications	☐	☐	☐	☐
Personal Hygiene	☐	☐	☐	☐
Staying on schedule	☐	☐	☐	☐
Transportation	☐	☐	☐	☐
Using a computer	☐	☐	☐	☐
Working	☐	☐	☐	☐

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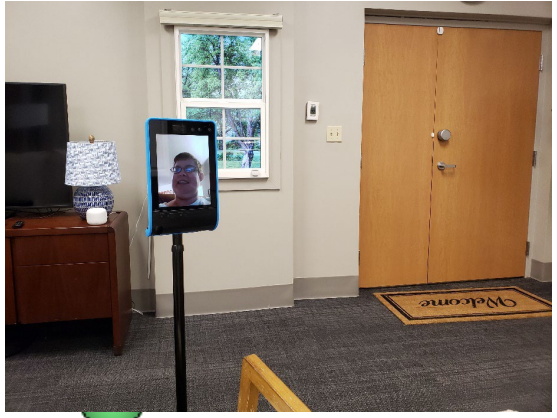

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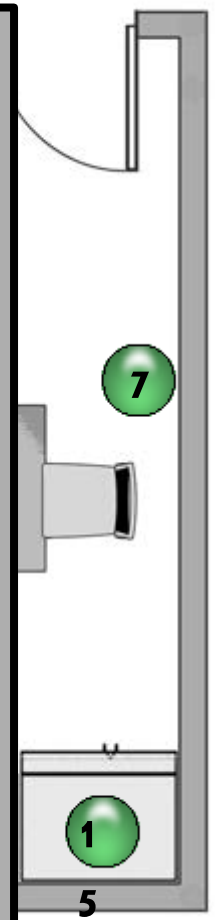

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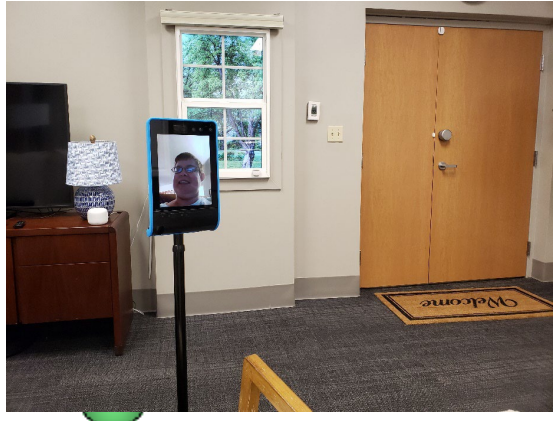
DISCOVERY PLACE



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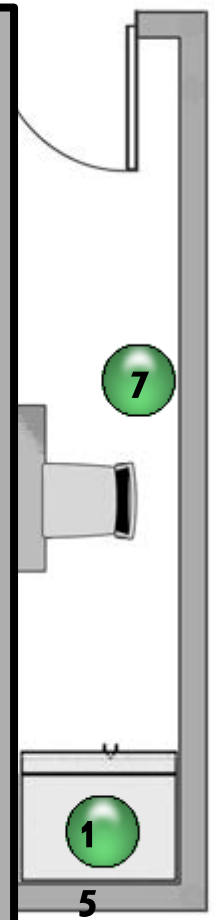
Tours

- Customized for the tour participant
- Continual support
  - Connect with organizations that can help



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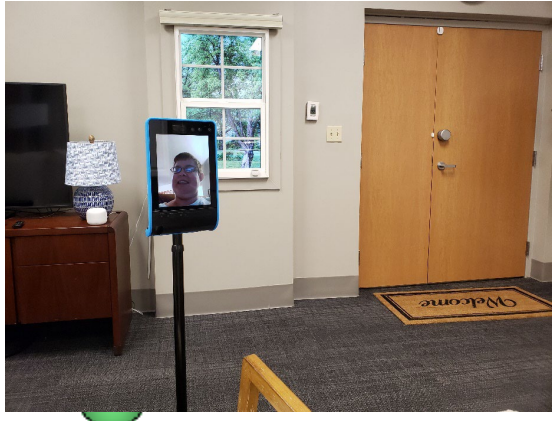

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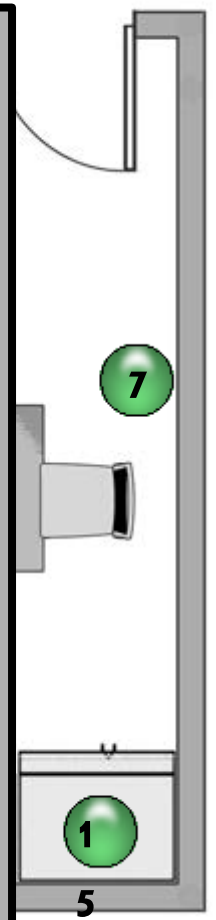
Tours

- Customized for the tour participant
- Continual support
- Follow-up



Smart Home
DISCOVERY PLACE

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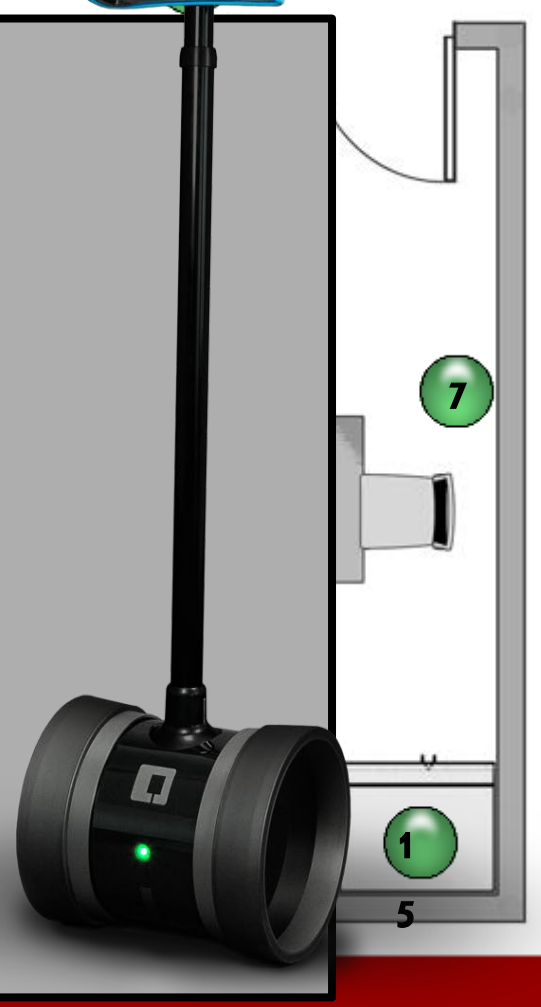
Tours

- Customized for the tour participant
- Continual support
- Follow-up
- Online tours



Project Design

- How to design the SHDP in a way that best benefits participants?
- What technologies should be included?
- What technology infrastructure is necessary?
- How can we ensure continued success?

Program Advisory Group

- Person with lived experience
- State AT Act program
- Ohio Department of Medicaid
- Ohio Department of Developmental Disabilities
- County Board of DD
- Social work expert
- Rehabilitation services
- Expert in Psychology and intellectual and developmental disabilities

Technology Advisory Group

- Experts in technology solutions for people with developmental disabilities
  - Computer engineer
  - Mechanical engineer
- IT experts
  - Network engineer & parent
- Expert in Psychology and intellectual and developmental disabilities

Program Advisory Group

- Person with lived experience
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- Social work expert
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- **Outline mission, vision, and goals**
- **Outlined service plan**
- **Develop survey**

Technology Advisory Group

- Experts in technology solutions for people with developmental disabilities
  - Computer engineer
  - Mechanical engineer
- IT experts
  - Network engineer & parent
- Expert in Psychology and intellectual and developmental disabilities

- **Identify needs**
- **Reduce barriers to successful demonstration**
- **Feedback on technology options**

Continued Success

- Review feedback
- Annually update technologies
- Capitalize on partner relationships

Partner relationships

- Assistive Technology of Ohio - Ohio AT Act Program
- Short-term and long-term device loans
- Consultation, including annual technology update discussions
- Follow-up with participants
- Funding support

Lessons learned

- Network security
  - A business may have security parameters that are not common in homes
- Technology is fickle
  - Technology companies can end support for a certain function
  - Acknowledge technologies limitations

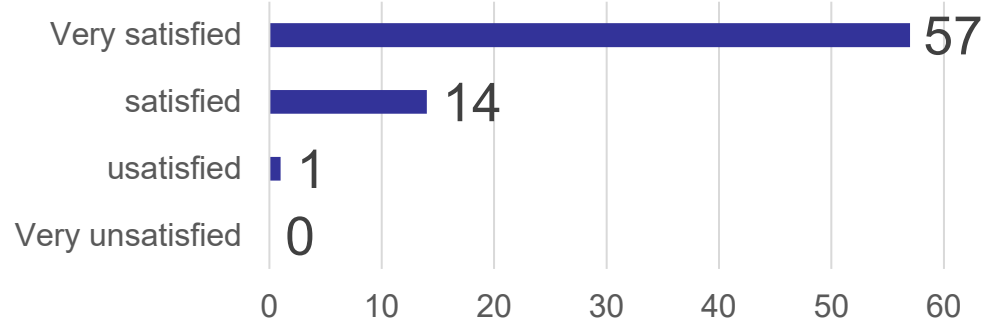
Participation

- FY23
  - Tours: 50
  - People: 140

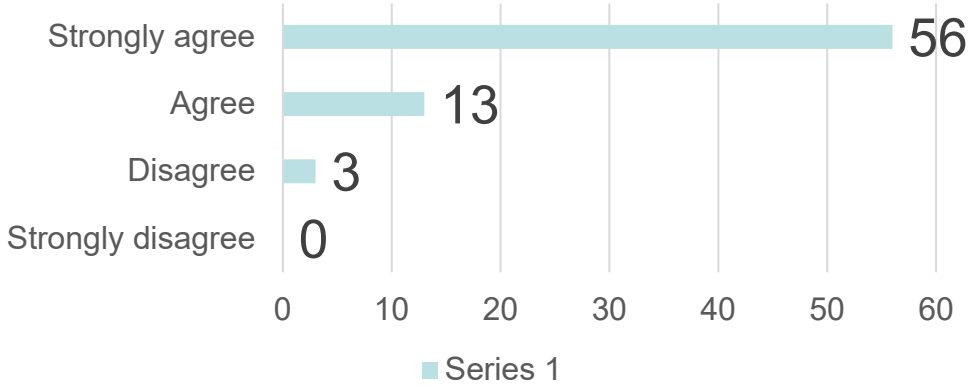
- Tour participation:
  - 1-42 participants

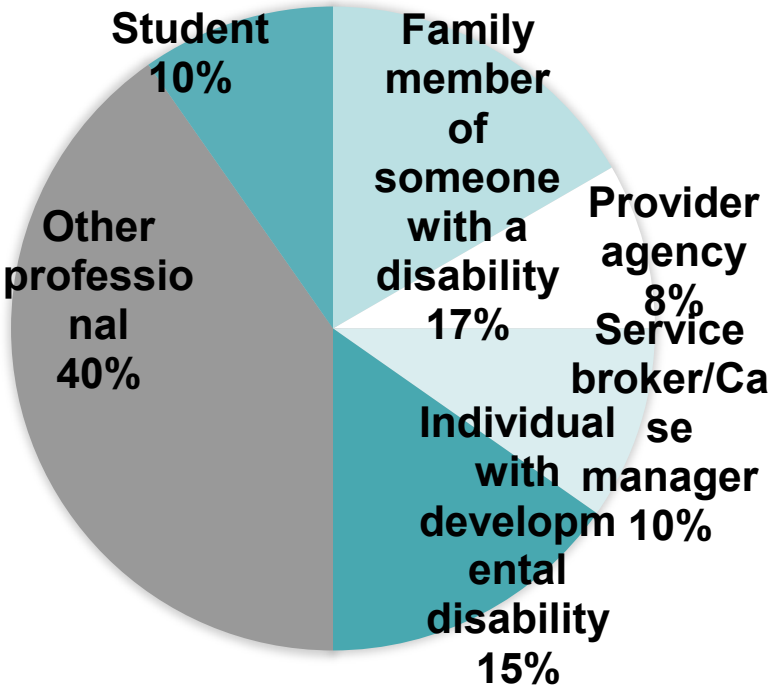
Feedback Survey

- Respondent type (72 respondents)
  - Other professionals: State agency staff, OT, education
- Satisfaction (72 respondents)



- Gained knowledge (72 respondents)





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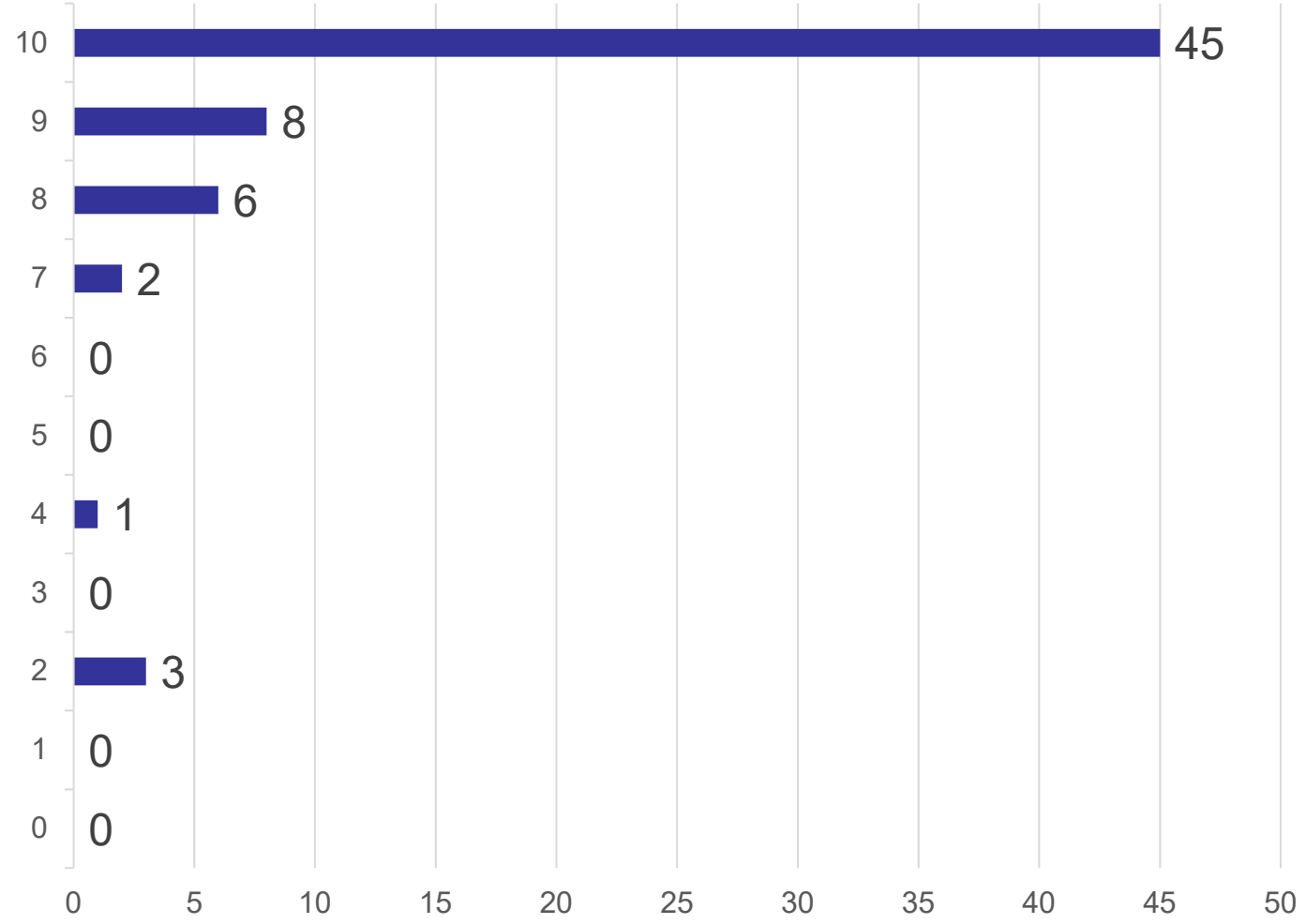
Feedback Survey

- How likely are you to recommend to a friend of colleague?



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Quotes from participants

- “Last week we had our first individual start Remote Support services for 8 hours overnight, every night. He is extremely happy with his increased autonomy and quality of life.”
- “Touring the Smart Home Discovery Place was very informative and helpful for me. The experience helped guide the internal conversations we had within [our provider agency] on how we implement and use Assistive Technologies and was a basis for the Smart Home Try Out site that [our provider agency] developed for people who receive services”

Quotes from participants

- “I was very much impacted by the visit. I am in the research phase of the process as my son is still in high school and we estimate that we are at least 5 years away from being ready for him to live in a community setting. I am also the Parent Mentor for [our school district] so I have shared with many families and staff the things I have learned. I am also the neighbor of an elderly woman who is going to need some technology in order to return home from rehab. I have shared with her loved ones some of the possibilities that are available!”

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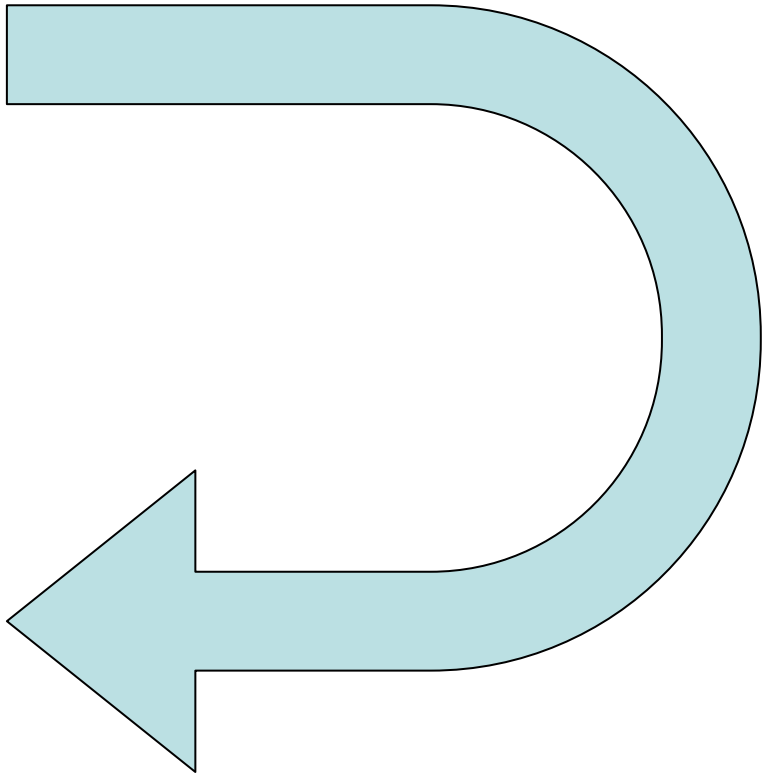
QUESTIONS?



Jordan Wagner
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This project was supported, in part by grant #90-DDUC-0038 (PI: Marc J. Tassé, PhD), from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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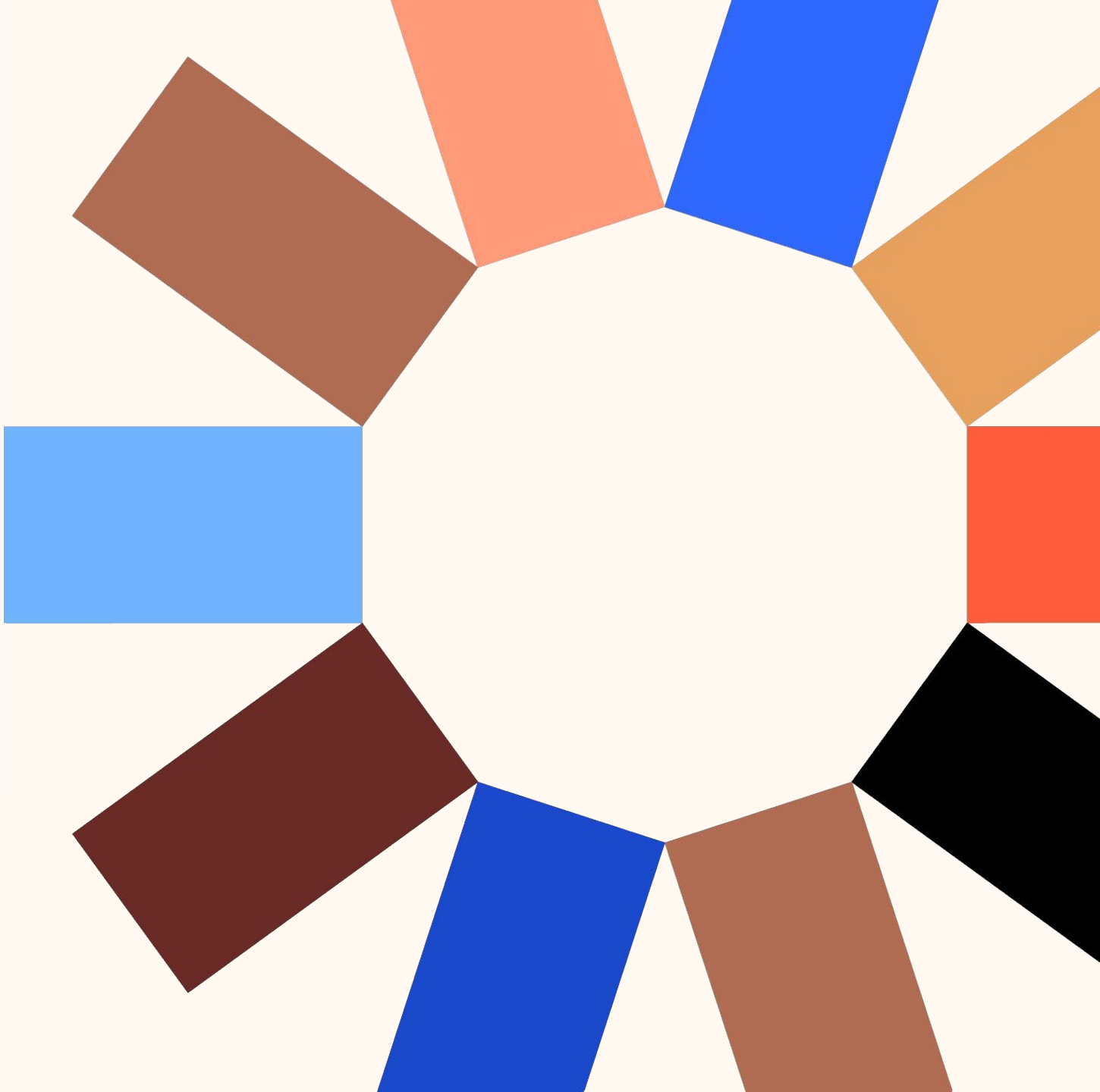

Inclusive Integrated Housing & Supports for People with Intellectual & Developmental Disabilities

Administration on Community Living
September 2023

Advancing disability-forward housing solutions that open doors to more homes and opportunities for everyone.

thekelsey.org

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Anchored in Inclusion

Segregation

People with disabilities are segregated in:

- Hospitals
- Institutions
- Congregate Settings
- Homeless Shelters
- Disability-specific housing developments

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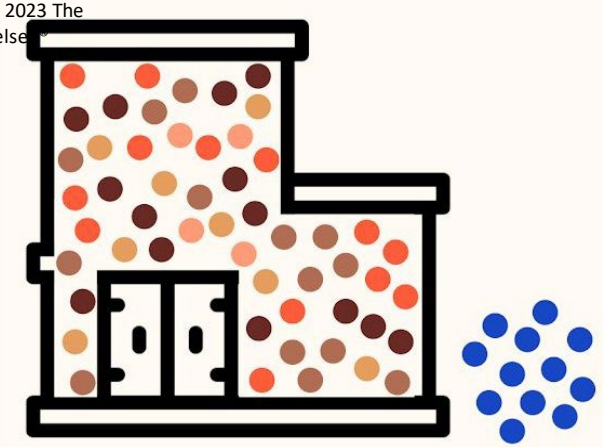
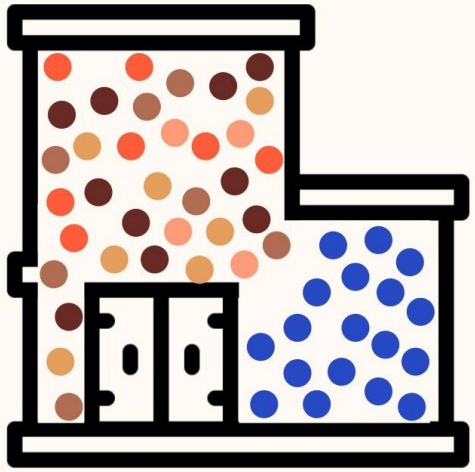


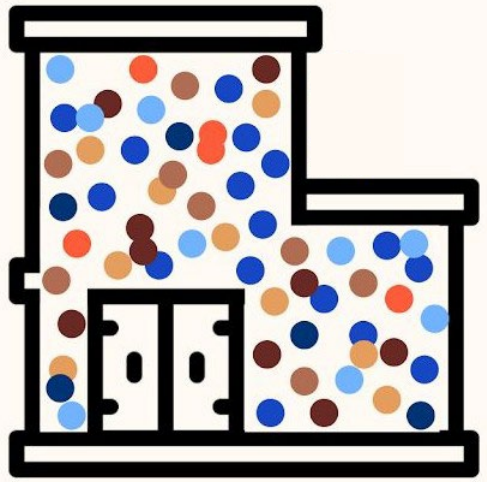
Integration

People with and without disabilities live in the same building physically but with barriers to full access, separate lives and experiences, and no community connections.



Inclusion

People with and without disabilities share community together, diversity is valued, interdependence is supported, and people have access to the same spaces and experiences.



The communities we build prove new, replicable models of inclusive, accessible housing and provide homes to people who need them most.

The Kelsey Ayer Station, San Jose

115 homes; mixed income with 30% of units priced at $500/month; an accelerated development timeline. Accessible design, transit-oriented location, outdoor amenities, and on-site Inclusion Concierge services. Opening early 2024.

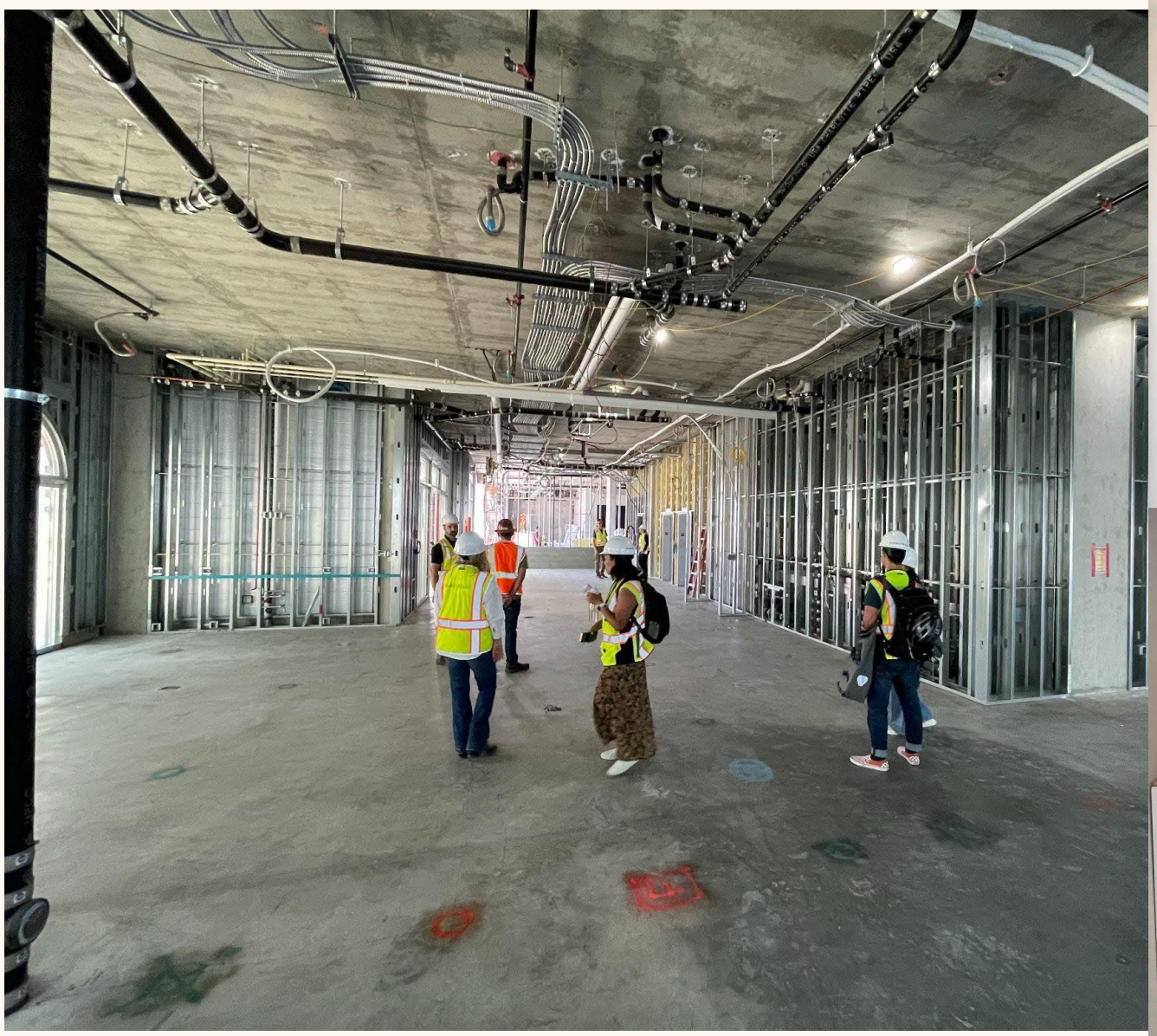
© 2023 The Kelsey®

The Kelsey Civic Center, San Francisco

112 homes; mixed income with 30% of units priced at $500/month. Sustainability awarded project, Disability Community Cultural Center, accessible design, on-site Inclusion Concierge. Opening early 2025.

The Kelsey at Atlas, Oakland

A pilot community in a market rate building; our signature Inclusion Concierge enhances services, builds community, and supports residents with disabilities.



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Community

with connections, recreation, spirituality, joy, meaningful work, and relationships.

Housing

that is accessible, affordable across a range of incomes, and meets personal preferences

Supports & Services

including medical services, in home supports, and therapies designed to meet individual needs.

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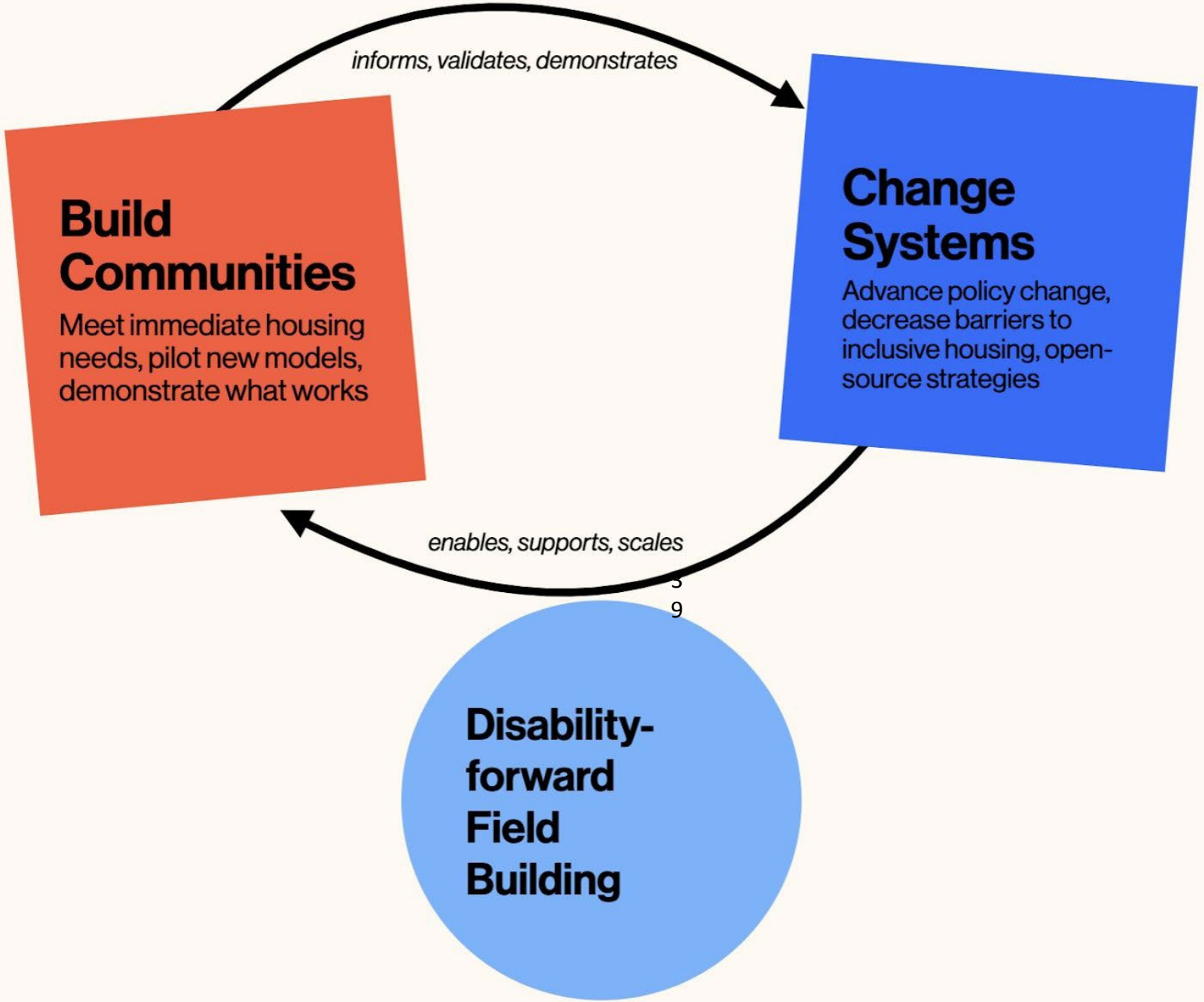

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Accelerate Housing

Open Source Resources

Our open-source, free resources support organizations in their own efforts to build inclusive housing. Resources include toolkits for community outreach, technical guidance on financing and project development, design guidelines, strategies for increasing disabled leadership, and beyond. Office Hours gather housers at all stages of development to learn more and ask questions about their own housing efforts.

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Capacity Support

The Kelsey provides technical assistance and project management for organizations across all stages of their disability-forward housing efforts. Whether structuring community engagement, doing site feasibility, selecting a development partner, overseeing a housing project launch, managing design partners, and beyond, we support people with a vision for inclusive housing to bring projects to life. Past clients include affordable housing developers, disability service providers, universities, housing finance organizations, and family groups.

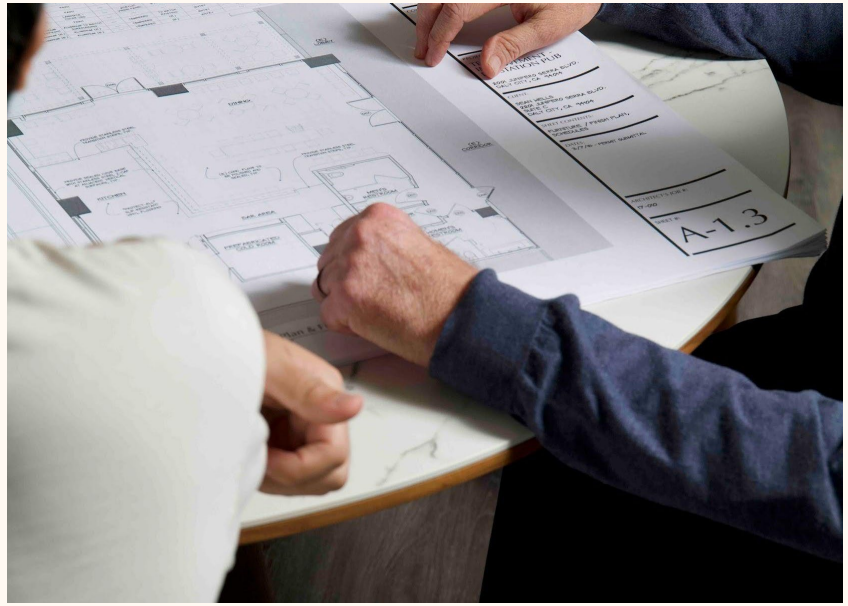
Co-development

We co-develop inclusive housing in partnership with local providers and housing developers. The Kelsey brings our expertise in disability-forward housing affordability, accessibility, and inclusivity to best-in-class local teams who know their communities and have a track record of housing delivery. Partners include affordable housing and market-rate developers.

What communities need:

Inclusive community engagement

Access to capital



Design guidance

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Disability-Forward Housing Strategies

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Accessible Design

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Diverse Affordability

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Inclusive Services

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Community Partnerships

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Creating an Inclusive World, One Community at a Time

our stomping ground
INCLUSIVE COMMUNITIES

Our Mission

To build inclusive communities and strengthen neighborhoods through diverse programming, sustainable affordable housing, and social spaces for people of all abilities

our stomping ground

INCLUSIVE COMMUNITIES

Our Why

7.37M
Adults in the U.S. living with a developmental disability (DD)*

1.3M
People with DD lived with a caregiver older than 60 in 2017*

62%
People with DD dream of living in their own apartment*

The loneliness epidemic is a public health issue.**

AWD are more likely to report loneliness, low social support and social isolation.***

Higher prevalence of loneliness found amongst AWD who are younger, economically inactive, living in rented or other accommodation, living alone and have low levels of access to environmental assets.***

Loneliness and social isolation increase the risk for premature death and preventable disease.**

(Sources located in presenter notes)

Our Philosophy

Why does OSG promote interdependence over independence?

Independence

Self-sufficiency

Unrealistic goal

Based on functionality

Social isolation

Vague standard of achievement

Interdependence

Mutual dependence

Reciprocal relationships

Based on needs and strengths

Self-actualization

Social inclusion

Specific to each person

Our Approach

Housing First Model

Prioritize permanent housing then add support through over 100+ hours of programming each month.

Our Communities

Gilliam Place, Arlington

Queens Court, Arlington

The Arden, Alexandria
Fairfax County

The Waypoint, City of
Alexandria

The Cadence, Arlington

Ovation at Arrowbrook,
Herndon

Who We Serve

Wesley Housing communities are filled with over **3,200+ individuals** of all ages and ethnic backgrounds.

As their advocates, we work to find and create opportunities that allow them to build better and brighter lives.

On-site Resource Community Centers:

+ Colonial Village CRC
Arlington

+ Lincolnia CRC
Alexandria (Fairfax County)

+ Madison Ridge CRC
Centreville

+ Wexford Manor CRC
Falls Church (Fairfax County)

+ Brookland Place CRC
DC

+ The Arden CRC
Alexandria (Fairfax County)

+ The Cadence CRC
Arlington

+ The Hampshire CRC
DC

+ The Waypoint CRC
Alexandria

wesley housing
building up

Making an Impact 2022

7,836 Times residents accessed services

1,548 Evictions prevented (100%)

735 Families served

824 Households accessed linkage & referral services

215 Residents participated in employment coaching

64 Residents obtained new or better employment

400 Residents participated in health & wellness offerings

780 Families received material assistance *(food/hygeine items, holiday gifts)*

6 Residents purchased homes

571 Affordable housing units under construction *(including renovations)*

700+ Affordable housing units in the pipeline *(including renovations)*

180 Kids and teens participated in youth programs

Resident Services

Core Focus Areas

Wesley strives to enrich the lives of residents with on-site complimentary family programs and supportive services in three additional impact areas.

Community Engagement

Education

Health & Wellness

Housing Stability

@wesleyhousing

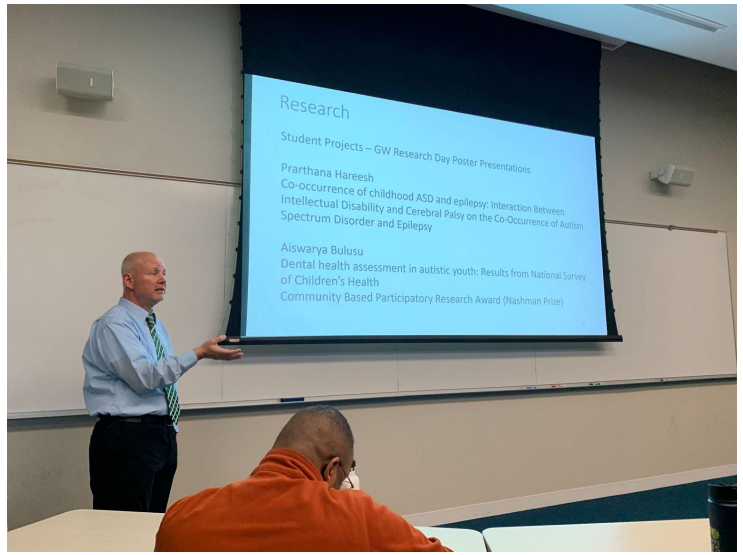
wesley housing
building up

Cierra Falke
Sr. Resident Services Coordinator
(571) 229-7715
cfalke@whdc.org

Thank You!

wesleyhousing.org
(703) 642-3830
wesleyhousing@whdc.org

Our Impact



Dr. Sean D. Cleary, PhD, MPH
Department of Epidemiology
George Washington University

How do inclusive communities like these impact the health outcomes of adults with DD?

In collaboration with Melwood and Dr. Cleary at the George Washington University (GWU), OSG conducted a research study to examine the measurable impact that a supportive living model has on individuals with DD.

Baseline data collection ended May 2023; key findings:

- In response to the question, “How would you rate your overall quality of life?”, **84%** of respondents reported it as good or very good.
- In response to the question, “How satisfied are you with your health?”, **67%** responded satisfied or very satisfied.
- Respondents reported the lowest levels of disabilities in the domains of **mobility** and **self-care**, and the highest levels of disability in the domains of **getting along with others** and **participation in life activities**.

Thank you!

“The deepest sense of life's meaning and purpose arises from our interdependence and, in turn, our willingness to relate to others and respond to their needs.”

-Hugh Mackay

Please get in touch - we'd love to hear from you.

EMAIL

info@ourstompingground.org

WEBSITE

www.ourstompingground.org

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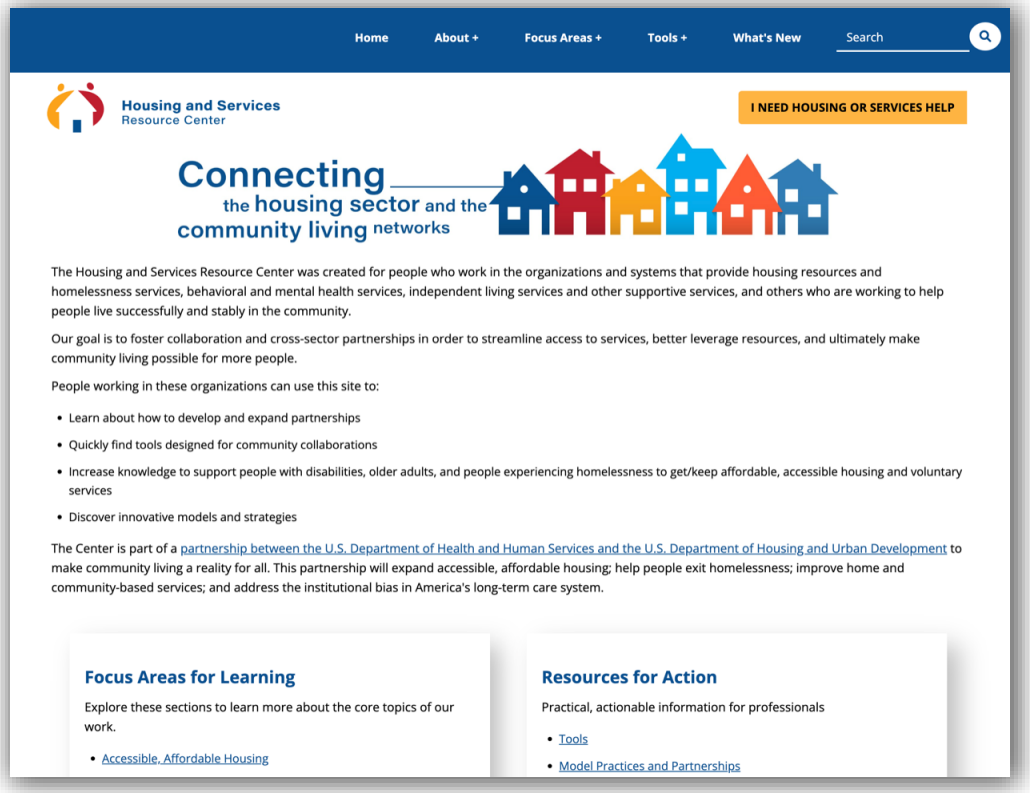
Panel Conversation

Q & A

HSRC Website



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THANK YOU